

VEGETARIAN AND VEGAN

– (V.A. - VEGAN ADAPTABLE)–

STARTERS

BREAD BASKET with ciabatta & onion bread, hummus & butter (V.A.)	£3
HUMMUS with grilled flatbread (V.)(G*)	£5
FRIED HALLOUMI with honey	£4
RICE NOODLE SALAD with seaweed, sesame & chilli (V)£5:	
BREADCRUMBED MUSHROOMS garlic dip (V.A.)(G*)	£5
SPICY CAULIFLOWER 'WINGS' with cool dip(V)	£5
SPICED QUINOA with grilled asparagus (V)	£5.50
MARINATED SPANISH OLIVES (V)	£3
GARLIC BREAD(V.A.)	£4
with cheese	£4.50

MAIN COURSE

PERSIAN TOFU with giant cous cous & pomegranate salsa (V)(Gf*)	£11
SPINACH & CHICKPEA CURRY with basmati rice (V)(G)	£11.50
GIRLLED FLATBREAD with spiced cashews, mushrooms & avocado (with or without poached egg (V.A.))	£9.25
CHILLI 'NON' CARNE with steamed rice (V).	£10.00
SEITAN TAGINE with aromatic quinoa (V)	£13
ACTONS VEGGIE BURGER with hummus & tomato relish & frites (V).	£11

SIDES

Onion rings, Seasonal greens, Acton's market salad, Sweet potato wedges, Frites, Chunky chips, Boiled potatoes	£3½
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VEGAN DESSERTS

WARM CHOCOLATE & RASPBERRY BROWNIE with vanilla ice cream (G)	£5.25
RASPBERRY & FRANGIPANE TART with vanilla ice cream (V)	£5.50
COCOA AMAZEBALL with vanilla ice cream (V)	£4
CHOCOLATE & PEANUT BUTTERBALL with vanilla ice cream(V)	£4
RASPBERRY & FRANGIPANE TART with vanilla ice cream (V)	£5.50

VEGAN DRINKS

WINE

White

	Glass	Carafe	Bottle
Montes Sauvignon Blanc, Chile			£19.50
Palmento Pinot Grigio, Italy			£19
Galileo Pinot Grigio/Chard./Sauv. Italy	£6.25	£16.50	£23
Esk Valley Sauv. Blanc Marlbo, N.Z.	£6.50	£17	£23.50

Sparkling

Sant Orsola Prosecco	£6½		£25
Laurent Perrier			£55

Red

Las Condes Merlot, Chile	£6	£16	£22
Malbec, Altosur, Argentina	£6.25	£17	£23
Cotes Du Rhone Causte Chaude, France			£25

Rosé

Sante Pietra Pinot Grigio Rosé, Italy	£6	£15.75	£20
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BEER

Draught Guinness (Dublin)	½ pint	£3	pint	£5
Draught Carlsberg	½ pint	£3	pint.	£4.90
Draught Hophouse	½ Pint	£3	Pint	£5
Peroni				£4